

<b><u>Breakfast Meal Pattern Requirements</u></b> Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.
<b><u>Lunch Meal Pattern Requirements</u></b> Milk: 8 oz. Fruit: 1c/8oz. Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.
<p>*All infant/toddler meals will contain only hot/soft vegetables.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 3	October 4	October 5	October 6	October 7
<b>Breakfast:</b> Cereal, Apple, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	<b>Breakfast:</b> Corn Muffin, Orange, 100% Fruit Juice, Milk <b>Lunch:</b> Baked Mac & Cheese, Broccoli, Pears, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Fingers, Sweet Potato Fries, Mix Veg, Mandarin Oranges, Milk	<b>Breakfast:</b> Banana Bread, Apple Slices, 100% Fruit Juice, Milk <b>Lunch:</b> Burritos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
October 10	October 11	October 12	October 13	October 14
<p style="text-align: center;"><b>No School</b></p>	<b>Breakfast:</b> Cereal, Orange, 100% Fruit Juice, Milk <b>Lunch:</b> Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk	<b>Breakfast:</b> Muffin Tops, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Hamburgers, WW Bun, Cheese, Crinkle Fries, Carrots, Mandarin Oranges, Milk	<b>Breakfast:</b> Pancakes, Apple Slices, 100% Fruit Juice, Milk <b>Lunch:</b> Arroz con Verduras, Habichuela guisada y Pollo, Applesauce, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
October 17	October 18	October 19	October 20	October 21
<b>Breakfast:</b> Cereal, Apple, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	<b>Breakfast:</b> Banana Bread, Orange, 100% Fruit Juice, Milk <b>Lunch:</b> American Chop Suey, Carrots, Pears, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice or Milk <b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Salad, Mandarin Oranges, Milk	<b>Breakfast:</b> Breakfast Buns, Apple Slices, 100% Fruit Juice, Milk <b>Lunch:</b> Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
October 24	October 25	October 26	October 27	October 28
<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Fingers, Sweet Potato Fries, Mix Veg, Peaches, Milk	<b>Breakfast:</b> Pancakes, Orange, 100% Fruit Juice, Milk <b>Lunch:</b> Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Pears, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> WW Spaghetti & Meatballs, Broccoli, Mandarin Oranges, Milk	<b>Breakfast:</b> Muffin Tops, Apple Slices, 100% Fruit Juice, Milk <b>Lunch:</b> Pastelón de Papas, WW Dinner Roll, Applesauce, Milk	<b>Breakfast:</b> Cereal, Banana, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk
October 31	<p style="text-align: center;"><b>OCTOBER 2022</b></p>			
<b>Breakfast:</b> Cereal, Apple, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk				

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider