



# Fall Sports Sign-up Packet

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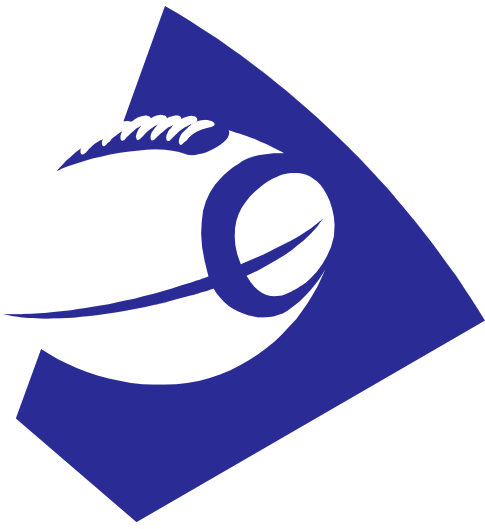
### Cross Country Description

- Times
- Dates
- Info

### Flag Football/Cross Country Athletic Permission Slip

- Please circle the sport at the top of the sheet that you are signing up for. If you are playing both, which is allowed, please circle both sports at the top.
- If you are participating in both, on the Wednesday overlap day, the player will participate in football unless specific arrangements are made with coaches.
- **PARTICIPATING IN A SINGLE SPORT IS 35\$ YOU MAY DO BOTH FALL SPORTS FOR \$50. FAMILY RATES FOR MORE THAN ONE STUDENT ARE AVAILABLE.**





- Beginning Sept. 16h
- Mondays and Wednesdays thru November
- From 4 PM to 5:30 PM
- At the Marston St. Field

CDCPS Flag Football is about to begin again for it's 17th year. The league is open to boys and girls in the 5th thru eighth grades. Players are broken up equally onto four teams and play an 8-10 game schedule culminating in playoffs and an eventual Super Bowl Winner.

# CDCPS Flag Football League

**PLEASE SIGN-UP on the back and return to school ASAP.**

CDCPS Flag Football practices and games will be held on the Marston St. Field just down the street from Commonwealth motors. Players will be bussed to the field but **all players will be picked up at the Marston St. Field promptly at 5:30.** Flag Football Athletic Fee is \$35. (Play both sports for \$50)



## Community Day Charter Public School Spartans



CDCPS X-Country is long distance running over open country such as fields, paths, and roads. It is the perfect sport for anyone who loves to run or is looking to get in or stay in shape for other sports. It is a sport for all abilities!! Our teams will be competing in 5 meets against other charter schools this fall season. Our meets will be both home (local area) and away. Boys and girls races are only a little more than a mile in length and generally compete separately.

CDCPS Cross Country will practice at and around the Prospect Hill Campus. Runners will be picked up in front of the Upper School promptly at 5:00.

Cross Country Athletic Fee is only \$35. (Both FF and XC for \$50)



- Beginning Sept. 9h
- Tuesdays and Thursdays thru November (Runners can do both Football and XC)
- From 4 PM to 5:00 PM
- Training at Upper Field and Prospect St. Campus. Will compete in 6 races this year around the state.

# CDCPS Cross Country

**PLEASE SIGN-UP on the back and return to school ASAP.**





CDCPS Athletic Department

Football / Cross Country —Athletic Permission Form

Please circle the sport he/she is signing up for (select both if playing both)

Name \_\_\_\_\_ Grade \_\_\_\_\_ Telephone \_\_\_\_\_
Address \_\_\_\_\_ Mobile Phone \_\_\_\_\_
Parent/Guardian's Name \_\_\_\_\_
Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_ Mobile Phone \_\_\_\_\_
Family Doctor \_\_\_\_\_ Telephone \_\_\_\_\_
Family Medical Insurance \_\_\_\_\_ Policy No. \_\_\_\_\_
Allergies (if any) \_\_\_\_\_

I understand there is an inherent risk in playing sports and the range of injury can be minor to severe. It is further understood that in case of injury, the school is responsible only for first aid treatment. If my son/daughter does suffer an injury that you give permission to the school to seek medical attention. To my knowledge, my son/daughter have not been treated for any pre-existing medical condition that could be aggravated by participating in interscholastic athletics.

I also understand that all equipment issued is property of the Community Day Charter Public School and is to be returned within 24 hours of the season close or I will assume the current replacement cost.

I/We also give permission for my/our child to be transported to and from any athletic event. I understand the department policy will be to provide transportation by school bus or van, but in the event a bus or van is not available, private transportation may need to be used. These vehicles will be driven by responsible adults (parents of athletes or coaches), and they cannot be held responsible for any accident or injury that might occur.

In addition, we acknowledge that Community Day Charter Public School does not always provide transportation to all games and therefore, I may be required to arrange for transportation. Not all CDCPS athlete events require transportation.

I/We are aware all athletes must meet all academic and behavioral requirements of CDCPS to remain in good standing on CDCPS teams. Any student that does not meet those requirements may be suspended from practices and games due to not meeting those requirements. In certain situations, dismissal from the team could result.

Finally, I am aware that the athletic fee for the Fall Flag Football season is \$35, Fall Cross Country is \$35, Fall Package \$50, Basketball fee is \$60, and Spring Sports fee is \$35.

I have read the above requirements and the information provided, understand and agree to their terms and will help my son/daughter to carry out his/her responsibilities as a CDCPS student/athlete.

\_\_\_\_\_ has my permission to participate in CDCPS Athletics for the 2015 season
Parent Signature \_\_\_\_\_