

COMMUNITY DAY CHARTER SCHOOL

Breakfast Meal Pattern Requirements

Milk: 8 oz.

Fruit or Veg: 1c/8oz.

Grain: 2oz.

<u>Lunch Meal Pattern</u> <u>Requirements</u>

Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.

Allergy meals will not contain whole eggs, dairy, and items listed below.

Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 31	APRIL 1	APRIL 2	APRIL 3	APRIL 4
Breakfast: Cereal, 100%	Breakfast: Corn Muffins,	Breakfast: Cereal, 100% Fruit	Breakfast: Pancakes, Oranges,	Breakfast: Cereal, 100% Fruit
Fruit Juice, Milk	Apple Slices, Milk	Juice, Milk	Milk	Juice, Milk
Lunch: Chicken Nuggets,	Lunch: Baked Mac & Cheese,	Lunch: Cheeseburgers, WW	Lunch Fajitas, WG Rice, Pinto	Lunch: Pizza, Green Beans,
Mixed Mediterranean Veg,	Broccoli, Carrots, Pears, Milk	Bun, Crinkle Fries, Mandarin	Beans, Lettuce, Tomato,	Pineapple (or substitute),
WW Dinner Roll, Peaches,		Oranges, Milk	Cheese, Applesauce, Milk	Milk
Milk				
APRIL 7	APRIL 8	APRIL 9	APRIL 10	APRIL 11
Breakfast: Cereal, 100%	Breakfast: Muffin Tops, 100%	Breakfast: Cereal, 100% Fruit	Breakfast: Banana Bread,	Breakfast: Cereal, 100% Fruit
Fruit Juice, Milk	Fruit Juice, Milk	Juice, Milk	Oranges, Milk	Juice, Milk
Lunch: Chicken Fingers,	Lunch: American Chop Suey,	Lunch: Turkey & Cheese	Lunch: Burrito, WG Rice,	Lunch: Pizza, Green Beans,
Mixed Mediterranean Veg,	Broccoli, Pears, Milk	Sandwich on WW bun, Corn &	Pinto Beans, Lettuce, Tomato,	Pineapple (or substitute),
WW Dinner Roll, Mandarin		BB Salad, Mandarins, Milk	Cheese, Applesauce, Milk	Milk
Oranges, Milk				
APRIL 14	APRIL 15	APRIL 16	APRIL 17	APRIL 18
Bundlefort Council 1000/	Breakfast: Muffin Tops, Apple	Breakfast: Cereal, 100% Fruit	Breakfast: Banana Bread,	Breakfast: Cereal, 100% Fruit
Breakfast: Cereal, 100% Fruit Juice, Milk	Slices, Milk	Juice, Milk	Oranges, Milk	Juice, Milk
Lunch : Chicken Patty	Lunch: WW Spaghetti &	Lunch: Chicken Fingers, Mixed	Lunch: Pastelón de Papas,	Lunch: Pizza, Green Beans,
Sandwich on a WW bun.	Meatballs, Broccoli, Pears,	Mediterranean Veg, WW	WW Dinner Roll, Applesauce,	Pineapple (or substitute),
Carrots, Peaches, Milk	Milk	Dinner Roll, Mandarin	Milk	Milk
Carrots, reacties, with		Oranges, Milk		
APRIL 21	APRIL 22	APRIL 23	APRIL 24	APRIL 25

APRIL VACATION

APRIL 28	APRIL 29	APRIL 30	
Breakfast: Cereal, 100%	Breakfast: Pancakes, Apple	Breakfast: Cereal, 100% Fruit	APRIL 2025
Fruit Juice, Milk	Slices, Milk	Juice, Milk	
Lunch: BBQ Chicken	Lunch: Baked Mac & Cheese,	Lunch: Cheeseburgers, WW	
Drummies, Mixed	Broccoli, Carrots, Pears, Milk	Bun, Crinkle Fries, Mandarin	
Mediterranean Veg, WW		Oranges, Milk	
Dinner Roll, Peaches, Milk			