

# Community Day Charter School


(CF-123B-07)

**Breakfast Meal Pattern Requirements**  
Milk: 8 oz.  
Fruit or Veg: 1c/8oz.  
Grain: 2oz.

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**Lunch Meal Pattern Requirements**  
Milk: 8 oz.  
Fruit: 1c/8oz  
Veg: 1c/8oz.  
Grain: 2oz.  
Protein: 2oz.

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Allergy meals will not contain whole eggs, dairy, and items listed below.

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Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
				<b>April 1</b>		<b>April 2</b>		<b>April 3</b>	
				<b>Breakfast:</b> Blueberry Waffles, Whole Apple, Milk <b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Carrots, Diced Peaches, Milk		<b>Breakfast:</b> Muffin Tops, Whole Pear, Milk <b>Lunch:</b> Rice with Vegetables, Stewed Beans and Chicken, Applesauce, Milk		<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Diced Pineapple (or substitute), Milk	
<b>April 6</b>		<b>April 7</b>		<b>April 8</b>		<b>April 9</b>		<b>April 10</b>	
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chimichurri Chicken, Peas, Rice, Diced Peaches, Milk		<b>Breakfast:</b> Pancakes, Whole Apple, Milk <b>Lunch:</b> American Chop Suey, Broccoli, Diced Pears, Milk		<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Sliced Ham & Cheese Sandwich on WW Bun, Salad, Apple Sauce, Milk		<b>Breakfast:</b> Corn Muffins, Whole Apple, Milk <b>Lunch:</b> Pastelón de Papas, WW Dinner Roll, Mandarin Oranges, Milk		<b>Breakfast:</b> Maple Waffles, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Carrots, Diced Pineapple (or substitute), Milk	
<b>April 13</b>		<b>April 14</b>		<b>April 15</b>		<b>April 16</b>		<b>April 17</b>	
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Diced Peaches, Milk		<b>Breakfast:</b> Muffin Tops, Whole Apple, Milk <b>Lunch:</b> Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Diced Pears, Milk		<b>Breakfast:</b> Blueberry Waffles, Whole Orange, Milk <b>Lunch:</b> Cheeseburgers, WW Bun, Crinkle Fries, Diced Peaches, Milk		<b>Breakfast:</b> Banana Bread, Whole Apple, Milk <b>Lunch:</b> Penne & Meatballs, Broccoli, Diced Pears, Milk		<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Corn, Diced Pineapple (or substitute), Milk	
<b>April 20</b>		<b>April 21</b>		<b>April 22</b>		<b>April 23</b>		<b>April 24</b>	
 <h1 style="font-size: 2em;">Spring Break</h1> 									
<b>April 27</b>		<b>April 28</b>		<b>April 29</b>		<b>April 30</b>			
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> BBQ Chicken Drummies, Mixed Mediterranean Veg, WW Dinner Roll, Diced Peaches, Milk		<b>Breakfast:</b> Pancakes, Whole Orange, Milk <b>Lunch:</b> Baked Mac & Cheese, Carrots, Diced Pears, Milk		<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Diced Peaches, Milk		<b>Breakfast:</b> Corn Muffins, Whole Orange, Milk <b>Lunch:</b> Pastelón de Papas, WW Dinner Roll, Applesauce, Milk			

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider