

## **COMMUNITY DAY CHARTER SCHOOL**

Breakfast Meal Pattern Requirements

Milk: 8 oz.

Fruit or Veg: 1c/8oz.

Grain: 2oz.

<u>Lunch Meal Pattern</u> <u>Requirements</u>

Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.

Allergy meals will not contain whole eggs, dairy, and items listed below.

Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish. MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

## **MARCH 2025**

MARCH 3	MARCH 4	MARCH 5	MARCH 6	MARCH 7
Breakfast: Cereal, 100% Fruit	Breakfast: Muffin Tops,	Breakfast: Cereal, 100% Fruit	Breakfast: Banana Bread,	Breakfast: Cereal, 100%
Juice, Milk	Apple Slices, Milk	Juice, Milk	Oranges, Milk	Fruit Juice, Milk
Lunch: Chicken Patty Sandwich	Lunch: WW Spaghetti &	Lunch: Chicken Fingers, Mixed	Lunch: Pastelón de Papas, WW	Lunch: Pizza, Green Beans,
on a WW bun, Carrots,	Meatballs, Broccoli, Pears,	Mediterranean Veg, Potato	Dinner Roll, Applesauce, Milk	Pineapple (or substitute),
Peaches, Milk	Milk	Wedges, Mandarin Oranges,		Milk
		Milk		
MARCH 10	MARCH 11	MARCH 12	MARCH 13	MARCH 14
Breakfast: Cereal, 100% Fruit	Breakfast: Corn Muffins,	Breakfast: Cereal, 100% Fruit	Breakfast: Pancakes, Oranges,	Breakfast: Cereal, 100%
Juice, Milk	Apple Slices, Milk	Juice, Milk	Milk	Fruit Juice, Milk
Lunch: Chicken Nuggets, Mixed	Lunch: Baked Mac & Cheese,	Lunch: Sliced Ham & Cheese	Lunch Fajitas, WG Rice, Pinto	Lunch: Pizza, Green Beans,
Mediterranean Veg, WW	Broccoli, Carrots, Pears, Milk	Sandwich on WW bread,	Beans, Lettuce, Tomato,	Pineapple (or substitute),
Dinner Roll, Peaches, Milk		Salad, Mandarin Oranges,	Cheese, Applesauce, Milk	Milk
		Milk HALF DAY		
MARCH 17	MARCH 18	MARCH 19	MARCH 20	MARCH 21
Breakfast: Cereal, 100% Fruit	Breakfast: Banana Bread,	Breakfast: Cereal, 100% Fruit	Breakfast: Muffin Tops,	Breakfast: Cereal, 100%
Juice, Milk	Fruit Juice, Milk	Juice, Milk	Oranges, Milk	Fruit Juice, Milk
Lunch: Chicken Patty Sandwich	Lunch: American Chop Suey,	Lunch: Turkey & Cheese	Lunch: Burrito, WG Rice, Pinto	Lunch: Pizza, Green Beans,
on a WW bun, Carrots,	Broccoli, Pears, Milk	Sandwich on WW bun, Corn &	Beans, Lettuce, Tomato,	Pineapple (or substitute),
Peaches, Milk		BB Salad, Mandarins, Milk	Cheese, Applesauce, Milk	Milk
MARCH 24	MARCH 25	MARCH 26	MARCH 27	MARCH 28
Breakfast: Cereal, 100% Fruit	Breakfast: Corn Muffins,	Breakfast: Cereal, 100% Fruit	Breakfast: Banana Bread,	Breakfast: Cereal, 100%
Juice, Milk	Apple Slices, Milk	Juice, Milk	Oranges, Milk	Fruit Juice, Milk
	Lunch: Baked Ziti w/Chicken	Lunch: Sliced Ham & Cheese	Lunch: Arroz con Verduras,	Lunch: Pizza, Green Beans,
<b>Lunch</b> : BBQ Chicken Drummies,	<b>Lancin</b> Bakea Litt W/ Cincken			
<b>Lunch</b> : BBQ Chicken Drummies, Mixed Mediterranean Veg,	and Mozz Cheese, Broccoli,	Sandwich on WW bread,	Habichuela Guisada y Pollo,	Pineapple (or substitute),
•	•	Sandwich on WW bread, Salad, Mandarin Oranges,	Habichuela Guisada y Pollo, Applesauce, Milk	Pineapple (or substitute), Milk

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider