

Community Day Charter School - September 2025

(CF-123B-07)

<u>Breakfast Meal Pattern Requirements</u> Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.
<u>Lunch Meal Pattern Requirements</u> Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.
Allergy meals will not contain whole eggs, dairy, and items listed below.
Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY August 25	TUESDAY August 26	WEDNESDAY August 27	THURSDAY August 28	FRIDAY August 29
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: BBQ Chicken Drummies, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Pancakes, Apple Slices, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk	Breakfast: Corn Muffins, Mandarin Oranges, Milk Lunch: Rice with Vegetables, Stewed Beans and Chicken, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
September 1	September 2	September 3	September 4	September 5
HOLIDAY	Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk	Breakfast: Banana Bread, Oranges, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Carrots, Pineapple (or substitute), Milk
September 8	September 9	September 10	September 11	September 12
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: BBQ Chicken Drummies, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Pancakes, Apple Slices, Milk Lunch: American Chop Suey, Broccoli, Pears, Milk	Breakfast: Blueberry Waffles, Apple Slices, Milk Lunch: Turkey & Cheese Sandwich on WW Bun, Corn & BB Salad, Mandarins, Milk	Breakfast: Corn Muffins, Mandarin Oranges, Milk Lunch: Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Corn, Pineapple (or substitute), Milk
September 15	September 16	September 17	September 18	September 19
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW Bun, Salad, Mandarin Oranges, Milk	Breakfast: Banana Bread, Oranges, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
September 22	September 23	September 24	September 25	September 26
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk	Breakfast: Pancakes, Apple Slices, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Rice with Vegetables, Stewed Beans and Chicken, Applesauce, Milk	Breakfast: Corn Muffins, Mandarin Oranges, Milk Lunch: Penne & Meatballs, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Carrots, Pineapple (or substitute), Milk

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider